

March 2009

# Holistic Connections

## Next Month's Spotlight:

Organic Nutrition for Cats, Dogs, and Horses.

## SPRING! Back into Shape

Now is the perfect time to get your horse ready for the warm weather activities ahead. Massage therapy is a great way to keep those working muscles supple and prepared for the work ahead this season!

## Products

### "Sore-No-More" by Equilite

A liniment for use on your horse's sore muscles, it is all natural with rosemary, arnica, lavender, and lobelia. Great for humans too!

You can now order these products from Holistic Connections and have them delivered right to your door by emailing Jennifer at [Jennifer@HolisticConnections.net](mailto:Jennifer@HolisticConnections.net)

## For More information

[www.HolisticConnections.net](http://www.HolisticConnections.net)

716-998-2460

[jennifer@HolisticConnections.net](mailto:jennifer@HolisticConnections.net)



**Holistic Connections**  
Equine Massage Therapy

## Welcome To Holistic Connections

Welcome to the first issue of Holistic Connections monthly newsletter, your go to place for holistic practioners, suppliers, and products in the WNY area. The purpose of this newsletter is to inform and educate pet owners of the many alternative therapies and holistic products available in our area.

Each newsletter will cover a different topic and include a community spotlight which will introduce readers to local practioners, suppliers, and products that relate to the month's topic.

I hope you enjoy the site and newsletter. Please let me know if you have any suggestions or comments.

Wishing health and happiness to you and yours!

**Jennifer Stern**

## Community Spotlight

### Equine Massage Therapy

Jennifer is a certified and insured Level 2 Equine Massage Therapist and Reiki Practioner. She has volunteered/worked with both domestic and wild animals since 1996. Jennifer has been a NYS Licensed Wildlife Rehabilitator since 2003 and is continuing her education through the Veterinary Technician Program at Medaille College.



In addition to her massage services, Jennifer also offers lectures and workshops for your group or organization on a variety of holistic topics.

The holistic approach to the care of animals is her main goal and she encourages the networking of owner, veterinarian, farrier, therapist and trainer.

Jennifer is available for consultations, appointments, and clinics throughout the year. Please visit [www.HolisticConnections.net](http://www.HolisticConnections.net) or call 716-998-2460 for more information and fees.

## Newsletter Signup and Suggestions/Comments

If you would like to be added to the list for our monthly newsletter; or if you have any suggestions or comments please e-mail [jennifer@HolisticConnections.net](mailto:jennifer@HolisticConnections.net)